**Regular Activities   
Llangrove:  
Beavers, Cubs and Scouts**

Group Scout Leader – Ros Hatherill – 07835303415 [ros.hatherill@icloud.com](mailto:ros.hatherill@icloud.com)

Beaver Leader – Rosie Kelsall – 07999306301 [rosie.kelsall@btinternet.com](mailto:rosie.kelsall@btinternet.com)

Cub Leader – Jennie Clatworthy – 07909332326 [jenni.clathworthy@gmail.com](mailto:jenni.clathworthy@gmail.com)

Scout Leader – Matt Long - 07554993193 [mattmollyhan@yahoo.co.uk](mailto:mattmollyhan@yahoo.co.uk)

Explorer Scout Leader - Kev Hatherill 07721398505 explorers.ross@icloud.com

**Llangrove & District Gardening Society**1st Thursday  
Llangrove Village Hall  
Contact: Ruth Walker 01989 770831  
  
**Rainbows and Brownies**Every Wednesday term time   
Llangrove Village Hall  
Contact: Wendy Price 01989 770450  
  
**Table Tennis**Fridays 6-7 pm juniors (FREE)   
7-9 pm adults every week  
Llangrove Village Hall  
Contact: Mick Proctor 01989 770374  
  
**The Royal Arms Quiz**Fortnightly on Thursdays: 8.30pm   
Contact: Claire or Peter Nottage 01989 770267  
  
**Village Singers**Every Monday generally term-time  
All welcome young or old  
Llangrove Village Hall  
Contact: Tania Lodge 01989 770843/ ptlodge@btopenworld.com

**Walking Group**1st & 3rd Thursday  
Llangrove Village hall Bus Stop: 9.30am  
Contact: Clare Whittaker llangrovewalkinggroup@gmail.com  
  
**Women's Institute**3rd Thursday  
Llangrove Village Hall: 7.30pm  
Contact: Christine 01989 730395

Ballet Classes at Llangrove Village Hall. Please contact Nina 07974117701

[www.monnowballet.co.uk](http://www.monnowballet.co.uk)

Yoga Classes will be starting in September. Please contact [alisonglinnyoga@gmail.com](mailto:alisonglinnyoga@gmail.com) to express your interest.

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Royal Arms Reading Group - meets monthly in the Royal Arms. Please contact Jo Derham at [derhamjp@aol.com](mailto:derhamjp@aol.com) or 01989770758

Llangrove Community Productions - puts on an annual pantomime. Please contact Mike Green in you are interested in getting involved in any way. 07876418995

Art Classes take place in Llangrove Village Hall run by Brian Griffiths. Please contact Brian for more details :- 01989769747 or [brian@griffiths1.plus.com](mailto:brian@griffiths1.plus.com)

Bounce Fit - monthly on the second Thursday of the month from 6.30 until 8.30p.m. Please contact abouncefitclass@gmail.com