**Regular Activities
Llangrove:
Beavers, Cubs and Scouts**

Group Scout Leader – Ros Hatherill – 07835303415 ros.hatherill@icloud.com

Beaver Leader – Rosie Kelsall – 07999306301 rosie.kelsall@btinternet.com

Cub Leader – Jennie Clatworthy – 07909332326 jenni.clathworthy@gmail.com

Scout Leader – Matt Long - 07554993193 mattmollyhan@yahoo.co.uk

Explorer Scout Leader - Kev Hatherill 07721398505 explorers.ross@icloud.com

**Llangrove & District Gardening Society**1st Thursday
Llangrove Village Hall
Contact: Ruth Walker 01989 770831

**Rainbows and Brownies**Every Wednesday term time
Llangrove Village Hall
Contact: Wendy Price 01989 770450

**Table Tennis**Fridays 6-7 pm juniors (FREE)
7-9 pm adults every week
Llangrove Village Hall
Contact: Mick Proctor 01989 770374

**The Royal Arms Quiz**Fortnightly on Thursdays: 8.30pm
Contact: Claire or Peter Nottage 01989 770267

**Village Singers**Every Monday generally term-time
All welcome young or old
Llangrove Village Hall
Contact: Tania Lodge 01989 770843/ ptlodge@btopenworld.com

**Walking Group**1st & 3rd Thursday
Llangrove Village hall Bus Stop: 9.30am
Contact: Clare Whittaker llangrovewalkinggroup@gmail.com

**Women's Institute**3rd Thursday
Llangrove Village Hall: 7.30pm
Contact: Christine 01989 730395

Ballet Classes at Llangrove Village Hall. Please contact Nina 07974117701

 [www.monnowballet.co.uk](http://www.monnowballet.co.uk)

Yoga Classes will be starting in September. Please contact alisonglinnyoga@gmail.com to express your interest.

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Royal Arms Reading Group - meets monthly in the Royal Arms. Please contact Jo Derham at derhamjp@aol.com or 01989770758

Llangrove Community Productions - puts on an annual pantomime. Please contact Mike Green in you are interested in getting involved in any way. 07876418995

Art Classes take place in Llangrove Village Hall run by Brian Griffiths. Please contact Brian for more details :- 01989769747 or brian@griffiths1.plus.com

Bounce Fit - monthly on the second Thursday of the month from 6.30 until 8.30p.m. Please contact abouncefitclass@gmail.com